

# BIT/CARE Training Schedule

## New Team

Month	Topic	Options
January	Suicide Assessment/Management	<ul style="list-style-type: none"> <li>• <a href="#">Addressing the Suicidal Individual (video)</a></li> </ul>
February	Transient and Substantive Threats	<ul style="list-style-type: none"> <li>• <a href="#">Warning Behaviors (article)</a></li> <li>• <a href="#">Types of Threats (infosheet)</a></li> <li>• <a href="#">Dewey Cornell Interview (video)</a></li> <li>• <a href="#">Sample Case: Fire &amp; Guns</a>    <a href="#">Sample Case: Falling Down the Stairs</a></li> </ul>
March	Understanding and Mitigating Bias	<ul style="list-style-type: none"> <li>• <a href="#">Identifying and Managing Bias (infosheet)</a></li> </ul>
April	Marketing and Advertising the Team	<ul style="list-style-type: none"> <li>• <a href="#">Marketing Your Team (video)</a></li> </ul>
May	Developing Your BIT Presentation	<ul style="list-style-type: none"> <li>• <a href="#">Marketing Your Team (infosheet)</a></li> </ul>
June	Addressing and Managing Neurodiversity	<ul style="list-style-type: none"> <li>• <a href="#">Actually Autistic Educator (podcast)</a></li> <li>• <a href="#">Autistic Communication Part 1</a>    <a href="#">Part 2</a>    <a href="#">Part 3</a></li> <li>• <a href="#">Autism and Asperger's (infosheet)</a></li> </ul>
July	Documentation	<ul style="list-style-type: none"> <li>• <a href="#">Documenting a Case (video)</a></li> <li>• <a href="#">How Should We Document What We Do (TODD handout)</a></li> </ul>
August	Warning Signs/Preventing Mass Shooting	<ul style="list-style-type: none"> <li>• <a href="#">Beyond the Red Flags (article)</a></li> <li>• <a href="#">Website and Media Search Terms (article)</a></li> </ul>
September	Meeting Process	<ul style="list-style-type: none"> <li>• <a href="#">Discussing a C.A.S.E. (video)</a></li> <li>• <a href="#">Interdisciplinary Team (video)</a></li> </ul>
October	FERPA, HIPAA and Confidentially	<ul style="list-style-type: none"> <li>• <a href="#">Information Sharing (video)</a></li> <li>• <a href="#">Joint Guidance Document on FERPA/HIPAA</a></li> </ul>
November	Stress, Burnout and Well-Being	<ul style="list-style-type: none"> <li>• <a href="#">Helping the Helpers (video)</a></li> <li>• <a href="#">Managing Stress for First Responders (booklet)</a></li> <li>• <a href="#">Professional Quality of Life PRQOL (website)</a></li> </ul>
December	Audit/Team Review	<ul style="list-style-type: none"> <li>• <a href="#">Running a Self-Audit on Your Team (video)</a></li> <li>• <a href="#">BIT/CARE Development (checklist)</a></li> </ul>

# BIT/CARE Training Schedule

## Seasoned Team

Month	Topic	Options
January	Access to Care for Marginalized Groups	<ul style="list-style-type: none"> <li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li> </ul>
February	Understanding the Incel	<ul style="list-style-type: none"> <li>• <a href="#">Understanding and Treating Incels (book)</a></li> </ul>
March	Managing Suicidal Students on Campus	<ul style="list-style-type: none"> <li>• <a href="#">Involuntary Psychiatric Withdrawals (article, p. 6)</a></li> <li>• <a href="#">Suicide Prevention and Resource Center SPRC (website)</a></li> <li>• <a href="#">Jed Foundation Resources (website)</a></li> </ul>
April	Team Building and Personalities	<ul style="list-style-type: none"> <li>• <a href="#">Myers Briggs (website)</a></li> <li>• <a href="#">Strength Finder (website)</a></li> </ul>
May	Working with Resistant Students	<ul style="list-style-type: none"> <li>• <a href="#">Working with Resistant and Difficult Students (infosheet)</a></li> <li>• <a href="#">Rapport Building (infosheet)</a></li> <li>• <a href="#">Overview of Motivational Interviewing (website)</a></li> </ul>
June	Title IX and BIT	<ul style="list-style-type: none"> <li>• <a href="#">Threat and VRA in Title IX (video)</a></li> <li>• <a href="#">Sexual Assault on College and University Campuses (article)</a></li> <li>• <a href="#">Early Identification of Grooming and Targeting Behaviors (article)</a></li> </ul>
July	Documentation	<ul style="list-style-type: none"> <li>• <a href="#">Documenting a Case (video)</a></li> <li>• <a href="#">How Should We Document What We Do (TODD handout)</a></li> </ul>
August	Culturally Competent Interventions	<ul style="list-style-type: none"> <li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li> <li>• <a href="#">Building Culturally Competent Interventions (video)</a></li> </ul>
September	Suicide Triage and Gatekeeping	<ul style="list-style-type: none"> <li>• <a href="#">Question, Persuade, Refer (website)</a></li> </ul>
October	Classroom Management	<ul style="list-style-type: none"> <li>• <a href="#">Crisis De-escalation Techniques for K-12 and Higher Education Instructors (article)</a></li> <li>• <a href="#">A Faculty Guide to Addressing Disruptive and Dangerous Behavior (book)</a></li> </ul>
November	Stress, Burnout and Well-Being	<ul style="list-style-type: none"> <li>• <a href="#">Helping the Helpers (video)</a></li> <li>• <a href="#">Professional Quality of Life PRQOL (website)</a></li> </ul>
December	Audit/Team Review	<ul style="list-style-type: none"> <li>• <a href="#">Running a Self-Audit on Your Team (video)</a></li> <li>• <a href="#">BIT/CARE Development (checklist)</a></li> </ul>

# BIT/CARE Training Schedule

## Threat Assessment

Month	Topic	Options
January	Access to Care for Marginalized Groups	<ul style="list-style-type: none"> <li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li> </ul>
February	Understanding the Incel	<ul style="list-style-type: none"> <li>• <a href="#">Understanding and Treating Incels (book)</a></li> </ul>
March	Managing Suicidal Students on Campus	<ul style="list-style-type: none"> <li>• <a href="#">Addressing the Suicidal Student (video)</a></li> <li>• <a href="#">Suicide Prevention and Resource Center SPRC (website)</a></li> <li>• <a href="#">Jed Foundation Resources (website)</a></li> </ul>
April	Interviewing Skills	<ul style="list-style-type: none"> <li>• <a href="#">Diversity in Threat Assessment and Interviewing (video)</a></li> <li>• <a href="#">Addressing Truthfulness (video)</a></li> <li>• <a href="#">Context and Third-Party Reports (infosheet)</a></li> </ul>
May	Working with Resistant Students	<ul style="list-style-type: none"> <li>• <a href="#">Working with Resistant and Difficult Students (infosheet)</a></li> <li>• <a href="#">Rapport Building (infosheet)</a></li> <li>• <a href="#">Overview of Motivational Interviewing (website)</a></li> </ul>
June	White Supremacist Violence	<ul style="list-style-type: none"> <li>• <a href="#">Terrorist in Training (article)</a></li> <li>• <a href="#">White Supremacist Violence (book)</a></li> <li>• <a href="#">A Growing Threat (video)</a></li> </ul>
July	Writing a Threat Report	<ul style="list-style-type: none"> <li>• <a href="#">A Violence Risk/Threat Process (video)</a></li> </ul>
August	Culturally Competent Interventions	<ul style="list-style-type: none"> <li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li> </ul>
September	Written Threat Assessment	<ul style="list-style-type: none"> <li>• <a href="#">Assessing Threat in Written Communication (article)</a></li> </ul>
October	Developing Threat Mitigation Plans	<ul style="list-style-type: none"> <li>• <a href="#">A Violence Risk/Threat Assessment Process (video)</a></li> </ul>
November	Stress, Burnout and Well-Being	<ul style="list-style-type: none"> <li>• <a href="#">Helping the Helpers (video)</a></li> <li>• <a href="#">Professional Quality of Life PRQOL (website)</a></li> </ul>
December	Audit/Team Review	<ul style="list-style-type: none"> <li>• <a href="#">Running a Self-Audit on Your Team (video)</a></li> <li>• <a href="#">BIT/CARE Development (checklist)</a></li> </ul>

# BIT/CARE Training Schedule

## Bias Mitigation

Month	Topic	Options
January	Access to Care for Marginalized Groups	<ul style="list-style-type: none"> <li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li> </ul>
February	Addressing Cognitive Bias	<ul style="list-style-type: none"> <li>• <a href="#">Identifying and Managing Bias (infosheet)</a></li> <li>• <a href="#">TedX Talk on Bias (video)</a></li> </ul>
March	Managing Suicidal Students on Campus	<ul style="list-style-type: none"> <li>• <a href="#">Addressing the Suicidal Student (video)</a></li> <li>• <a href="#">Suicide Prevention and Resource Center SPRC (website)</a></li> <li>• <a href="#">Jed Foundation Resources (website)</a></li> </ul>
April	Interviewing Skills	<ul style="list-style-type: none"> <li>• <a href="#">Diversity in Threat Assessment and Interviewing (video)</a></li> <li>• <a href="#">Rapport Building (infosheet)</a></li> <li>• <a href="#">Context and Third-Party Reports (infosheet)</a></li> </ul>
May	Working with Resistant Students	<ul style="list-style-type: none"> <li>• <a href="#">Working with Resistant and Difficult Students (infosheet)</a></li> <li>• <a href="#">Rapport Building (infosheet)</a></li> <li>• <a href="#">Overview of Motivational Interviewing (website)</a></li> </ul>
June	Addressing Bias in Interviewing	<ul style="list-style-type: none"> <li>• <a href="#">Identifying and Managing Bias (infosheet)</a></li> </ul>
July	Understanding Microaggressions	<ul style="list-style-type: none"> <li>• <a href="#">Understanding and Addressing Microaggressions (infosheet)</a></li> </ul>
August	Culturally Competent Interventions	<ul style="list-style-type: none"> <li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li> </ul>
September	Written Threat Assessment	<ul style="list-style-type: none"> <li>• <a href="#">Assessing Threat in Written Communication (article)</a></li> <li>• <a href="#">Threat in Social Media (video)</a></li> </ul>
October	Developing Threat Mitigation Plans	<ul style="list-style-type: none"> <li>• <a href="#">A Violence Risk/Threat Assessment Process (video)</a></li> <li>• <a href="#">After the Assessment (video)</a></li> </ul>
November	Stress, Burnout and Well-Being	<ul style="list-style-type: none"> <li>• <a href="#">Helping the Helpers (video)</a></li> <li>• <a href="#">Professional Quality of Life PRQOL (website)</a></li> </ul>
December	Understanding Gender Identity/Expression	<ul style="list-style-type: none"> <li>• <a href="http://www.genderexpression.info">www.genderexpression.info (website)</a></li> </ul>

# BIT/CARE Training Schedule

## Team Building

Month	Topic	Options
January	Access to Care for Marginalized Groups	<ul style="list-style-type: none"><li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li><li>• <a href="#">Difficulties in Access to Mental Health Care (website/article)</a></li></ul>
February	Myers Briggs	<ul style="list-style-type: none"><li>• <a href="#">Myers Briggs (website)</a></li></ul>
March	Managing Suicidal Students on Campus	<ul style="list-style-type: none"><li>• <a href="#">Addressing the Suicidal Student (video)</a></li></ul>
April	Interviewing Skills	<ul style="list-style-type: none"><li>• <a href="#">Diversity in Threat Assessment and Interviewing (video)</a></li><li>• <a href="#">Addressing Truthfulness (video)</a></li></ul>
May	Working with Resistant Students	<ul style="list-style-type: none"><li>• <a href="#">Working with Resistant and Difficult Students (infosheet)</a></li><li>• <a href="#">Rapport Building (infosheet)</a></li></ul>
June	Addressing Bias in Interviewing	<ul style="list-style-type: none"><li>• <a href="#">Identifying and Managing Bias (infosheet)</a></li><li>• <a href="#">12 Cognitive Biases (video)</a></li><li>• <a href="#">TedX Talk on Bias (video)</a></li></ul>
July	Strength Finder	<ul style="list-style-type: none"><li>• <a href="#">Strength Finder (website)</a></li></ul>
August	Culturally Competent Interventions	<ul style="list-style-type: none"><li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li></ul>
September	Tabletop Exercises	<ul style="list-style-type: none"><li>• <a href="#">Three Tabletop Exercises (handouts)</a></li><li>• <a href="#">Ending Campus Violence: New Approaches to Prevention (book)</a></li></ul>
October	Developing Threat Mitigation Plans	<ul style="list-style-type: none"><li>• <a href="#">A Violence Risk/Threat Assessment Process (video)</a></li><li>• <a href="#">After the Assessment (video)</a></li></ul>
November	Stress, Burnout and Well-Being	<ul style="list-style-type: none"><li>• <a href="#">Helping the Helpers (video)</a></li></ul>
December	Audit/Team Review	<ul style="list-style-type: none"><li>• <a href="#">Running a Self-Audit on Your Team (video)</a></li></ul>

# BIT/CARE Training Schedule

## Mental Health

Month	Topic	Options
January	Access to Care for Marginalized Groups	<ul style="list-style-type: none"> <li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li> <li>• <a href="#">Difficulties in Access to Mental Health Care (website/article)</a></li> </ul>
February	Bipolar and Schizophrenia	<ul style="list-style-type: none"> <li>• <a href="#">Bipolar (infosheet)</a></li> <li>• <a href="#">Thought Disorders (infosheet)</a></li> </ul>
March	Managing Suicidal Students on Campus	<ul style="list-style-type: none"> <li>• <a href="#">Addressing the Suicidal Student (video)</a></li> </ul>
April	Interviewing Skills	<ul style="list-style-type: none"> <li>• <a href="#">Diversity in Threat Assessment and Interviewing (video)</a></li> <li>• <a href="#">Addressing Truthfulness (video)</a></li> <li>• <a href="#">Rapport Building (infosheet)</a></li> </ul>
May	Working with Resistant Students	<ul style="list-style-type: none"> <li>• <a href="#">Working with Resistant and Difficult Students (infosheet)</a></li> <li>• <a href="#">Rapport Building (infosheet)</a></li> <li>• <a href="#">Overview of Motivational Interviewing (website)</a></li> </ul>
June	Autism Spectrum Disorder	<ul style="list-style-type: none"> <li>• <a href="#">Autism and Asperger's (infosheet)</a></li> <li>• <a href="#">Problems with a Deficit Model of ASD (infosheet)</a></li> <li>• <a href="#">Autistic Communication Part 1</a>    <a href="#">Part 2</a>    <a href="#">Part 3</a></li> </ul>
July	Culturally Competent Interventions	<ul style="list-style-type: none"> <li>• <a href="#">Referral Checklist and Service Audit (checklist)</a></li> </ul>
August	Tabletop Exercises	<ul style="list-style-type: none"> <li>• <a href="#">Three Tabletop Exercises (handouts)</a></li> <li>• <a href="#">Ending Campus Violence: New Approaches to Prevention (book)</a></li> </ul>
September	ADA and Accommodations	<ul style="list-style-type: none"> <li>• <a href="#">Accommodating Students with Disabilities (video)</a></li> </ul>
October	Substance Abuse and Dependence	<ul style="list-style-type: none"> <li>• <a href="#">Alcohol and Addiction (infosheet)</a></li> </ul>
November	Stress, Burnout and Well-Being	<ul style="list-style-type: none"> <li>• <a href="#">Helping the Helpers (video)</a></li> <li>• <a href="#">Professional Quality of Life PRQOL (website)</a></li> </ul>
December	Audit/Team Review	<ul style="list-style-type: none"> <li>• <a href="#">Running a Self-Audit on Your Team (video)</a></li> </ul>